



Clear Care Contact Lens Solution Patient Instructions:

Clear care is a hydrogen peroxide based contact lens solution so it **cannot go directly into the eyes**. Inside every box is a bottle with a **red tip** to remind you not to put it in your eyes as well as a **vial with a line in it** and a **cap with two baskets on it**. Every night when you go to take your contacts out, you will fill the solution to the **line in the vial**. Next, you will remove your lenses and insert them into the **baskets**. "L" for **left** and "R" for **right**. Carefully screw the cap with the baskets down into the vial. The solution will start to fizz and bubble but **do not shake it**. Simply set the vial down on the counter and in **6 hours** what is left is **saline**. You can remove your lenses the next morning and insert them without having to rub or rinse them. This is a one step process. Repeat the above procedure every night and when you run out of solution throw everything away and use everything from the new box every time.

Enjoy improved comfort and more consistent vision with your contact lenses!

Thank you for your business and reach out with any questions or concerns.

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